

# LifeExtension®

## Life Extension Mix™ Tablets



State-of-the-Art  
Multi-Nutrient Formula

Dietary  
Supplement

315 Tablets

QE01855C

### Supplement Facts

Serving Size 9 Tablets (per day) • Servings Per Container 35

Amount Per Serving	% Daily Value
Vitamin A (as Betatene® natural beta-carotene from d-alpha palmitate, ascorbic acid, stearic acid, d-alpha tocopherol, magnesium ascorbate, macinamine ascorbate, acerola extract)	5000 IU.....100% 2000 mg.....3333% .....3333%
Vitamin D3 (as cholecalciferol)	2000 IU.....500% .....3333%
Vitamin E (as D-alpha tocopheryl succinate and D-alpha tocopherol)	100 mg.....500% 125 mg.....3333% .....8333%
Thiamine (vitamin B1) (as thiamine HCl)	50 mg.....2941% .....950% .....5250%
Riboflavin (vitamin B2) (as riboflavin and riboflavin 5'-phosphate)	190 mg.....105 mg.....100% .....100% .....100%
Niacin (as 53% niacinamide, 38% niacin, 9% niacinamide ascorbate)	190 mg.....105 mg.....100% .....100% .....100%
Vitamin B6 (as pyridoxine 5'-phosphate (100 mg) and pyridoxine HCl (5 mg))	105 mg.....100% .....100% .....100%
Folate (from lemon extract (peel))	400 mcg.....100% .....100% .....100%
Vitamin B12 (as methylcobalamin)	600 mcg.....100% .....100% .....100%
Pantothenic acid (as D-pantothenic acid, D-calcium pantothenate, Ca D-glucarate)	600 mg.....100% .....100% .....100%
Iodine (as potassium iodide)	150 mcg.....100% .....100% .....100%
Magnesium (as magnesium oxide citrate, glycinate, taurinate, arginate, ascorbate)	400 mg.....100% .....100% .....100%
Zinc (as zinc citrate, OptiZinc® zinc monomethionine, 25% L-selenomethionine (yeast free))	35 mg.....100% .....100% .....100%
(SelenePure™, 25% sodium selenite)	200 mcg.....100% .....100% .....100%
Copper (as TRAACS® copper bisglycinate citrate)	1 mg.....100% .....100% .....100%
Manganese (as manganese gluconate)	125 mcg.....100% .....100% .....100%
Chromium (as Crominex® 3+; chromium stabilized with Capros® amine extract (fruit) and Primavite® Shilajit)	500 mcg.....100% .....100% .....100%
Molybdenum (as sodium molybdate)	.....100% .....100% .....100%
Potassium (as potassium chloride)	.....100% .....100% .....100%
N-Acetyl-L-lysine (NAC)	37.4 mg.....167% .....167% .....167%
Taurine	600 mg.....100% .....100% .....100%
Inositol	200 mg.....100% .....100% .....100%
Phosphatidylcholine (from soy)	250 mg.....100% .....100% .....100%
Choline (as choline bitartrate)	150 mg.....100% .....100% .....100%
Boron (as Albion® borogencic glycine)	120 mg.....100% .....100% .....100%
Trimethylglycine (TMG) (as betaine anhydrous)	3 mg.....100% .....100% .....100%
Citrus bioflavonoid complex (bitter orange (peel and fruit) (std. to 50% hesperidin (100mg))	100 mg.....100% .....100% .....100%
Broccoli concentrate blend (broccoli extracts (plant and sprout), calcium d-glucarate (providing glucosinolates, sulforaphane, D-31, PEI))	200 mg.....100% .....100% .....100%
Decaffeinated green tea extract (leaf) (standardized to 45% epigallocatechin gallate (EGCG) (146.25 mg))	725 mg.....100% .....100% .....100%
Acenocid extract 4:1 (berry)	325 mg.....100% .....100% .....100%
Fruitberry complex (proprietary blend of blackberry, blueberry, cherry, cranberry, elderberry, pomegranate, prune powders)	300 mg.....100% .....100% .....100%
Wild blueberry anthocyanin extract (fruit)	200 mg.....100% .....100% .....100%
Milk thistle extract (seeds) (std. to 85% silymarin (85 mg))	150 mg.....100% .....100% .....100%
Maqui berry (Aristea chilensis) anthocyanin extract (fruit)	100 mg.....100% .....100% .....100%
Cherry™ tart cherry (Prunus cerasus) proanthocyanidin extract (skin)	85 mg.....100% .....100% .....100%
POME-LA™ pomegranate extract (fruit) (std. to 30% punicalagins (2.5 mg))	85 mg.....100% .....100% .....100%
Natural mixed tocopherols (providing gamma, delta, alpha, beta tocopherols)	60 mg.....100% .....100% .....100%
MirtoSelect™ bilberry extract (fruit)	30 mg.....100% .....100% .....100%
LucusSelect™ grape seed proanthocyanidin extract (whole grapes)	25 mg.....100% .....100% .....100%
Bromelain (from pineapple (stem)) (2400 gelatin digestive units/gm)	15 mg.....100% .....100% .....100%
Delphinidins (from Delphin® (maqui berry (Aristea chilensis) extract))	2 mg.....100% .....100% .....100%
Lutin (from marigold extract (flower)) (providing 465 mcg trans-resveratrol)	15 mg.....100% .....100% .....100%
Olive juice extract (fruit)	12.5 mg.....100% .....100% .....100%
(providing polyphenols, hydroxytyrosol, tyrosol, and oleuropein)	.....100% .....100% .....100%
Sesame seed orange juice extract	10 mg.....100% .....100% .....100%
Luteolin (from orange juice extract (fruit))	8 mg.....100% .....100% .....100%
Lycopene (from Tomato-O-Red® natural tomato extract (fruit))	3 mg.....100% .....100% .....100%
Oxyand-3-glucoside (C3G) (from Black currant extract (fruit))	1.25 mg.....100% .....100% .....100%
Trans-Pterostilbene (from PteroPure™)	0.5 mg.....100% .....100% .....100%

Other ingredients: dicalcium phosphate, microcrystalline cellulose, hydroxypropyl cellulose, croscarmellose sodium, stearic acid, silica, vegetable stearate, pharmaceutical glaze, maltodextrin. Contains fish (tilapia) and soybeans.

Manufactured for:  
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To report a serious adverse event or obtain  
product information,  
contact 1-866-280-2852.

### WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

Store tightly closed in a cool, dry place.



These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.