

Directions: For adults, pour packet into 4-6 fl. oz. of water once daily. Stir or Shake.

Supplement Facts		
Serving Size 1 Packet (10 g)		
Servings Per Container 21		
Amount Per Serving	%Daily Value	
Calories	20	
Total Carbohydrate	5 g	2%*
Sugars	4 g	***
Vitamin A (as Beta-Carotene)	167 IU	3%
Vitamin C (as Ester-C® Calcium Ascorbate)	1,026 mg	1,710%
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)	0.38 mg	25%
Riboflavin (Vitamin B-2)	0.43 mg	25%
Niacin (as Niacinamide)	5 mg	25%
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg	500%
Folic Acid	12.5 mcg	3%
Vitamin B-12 (as Cyanocobalamin)	25 mcg	417%
Pantothenic Acid (as d-Calcium Pantothenate)	2.5 mg	25%
Calcium (as Ester-C® Calcium Ascorbate, Calcium Carbonate, Dicalcium Phosphate and Monocalcium Phosphate)	150 mg	15%
Phosphorus (as Potassium Phosphate and Sodium Phosphate)	150 mg	15%
Magnesium (as Magnesium Hydroxide and Magnesium Carbonate)	60 mg	15%
Zinc (as Zinc Ascorbate)	2 mg	13%
Manganese (as Manganese Gluconate)	0.5 mg	25%
Chromium (as Chromium Ascorbate)	5 mcg	4%
Sodium (as Sodium Phosphate and Sodium Bicarbonate)	55 mg	2%
Potassium (as Potassium Phosphate and Potassium Bicarbonate)	280 mg	6%
Antioxidant Health Proprietary Blend		
Stevia Extract (Stevia rebaudiana) (leaf), Quercetin, Alpha Lipoic Acid, Glycine, L-Aspartic Acid, N-Acetyl Cysteine		
***Percent Daily Values are based on a 2,000 calorie diet.		
***Daily Value not established.		

Other Ingredients: Fructose, Maltodextrin, Malic Acid, Citric Acid, Natural Raspberry Flavor, Beet Juice Color, Silica.

AMERICAN HEALTH

Ester-C®
EFFERVESCENT

Take
Once a
Day!

1000mg
PLUS Electrolytes

24-Hour Immune Support*

Patented Vitamin C Formula
B Vitamins to Support Energy Metabolism*

Natural Raspberry
FLAVOR PACKETS

100% VEGETARIAN • NON-GMO • NO ARTIFICIAL SWEETENERS
DIETARY SUPPLEMENT
21 - 10 g (0.35 oz.) PACKETS NET WT. 210 g (7.40 oz.)

AMERICAN HEALTH

Ester-C®
EFFERVESCENT

Take
Once a
Day!

1000mg
PLUS Electrolytes

24-Hour Immune Support*
Patented Vitamin C Formula
B Vitamins to Support
Energy Metabolism*

Natural Raspberry
FLAVOR PACKETS

100% VEGETARIAN • NON-GMO
NO ARTIFICIAL SWEETENERS
DIETARY SUPPLEMENT
21 - 10 g (0.35 oz.) PACKETS
NET WT. 210 g (7.40 oz.)

Ester-C® The Better Vitamin C®

Product No. 51269

The Ester-C® Difference:

Clinically studied to stay
in white blood cells longer
than regular Vitamin C

Patented formula with
24/7 immune support *

Once A Day Is All You Need

Ester-C® Effervescent Vitamin C Packets offer 24-hour immune support in a delicious, natural raspberry flavored formula.* Just take one packet daily with 4-6 fl. oz. of water and you are good to go!

Patented Ester-C® increases levels of Vitamin C in the body – getting into white blood cells (an important part of your immune system), and staying there longer than regular vitamin C.* One serving daily of 1000 mg of Ester-C® delivers 24-hour immune support and potent antioxidant activity...365 days a year.*

Taken once a day, Ester-C® has your immune health covered.* It supports circulation, is beneficial to joints and connective tissues, helps fight the premature aging of cells, and supports the basis for healthy skin.* Helping to neutralize free radicals, Ester-C® also aids in the nutritional absorption of iron and works with other nutrients to promote overall health.* Along with essential vitamins, such as B-6 and B-12 to support energy metabolism and vital electrolytes to aid in metabolic hydration, Ester-C® Effervescent Formula has got you covered.* Now more than ever, trust your immune health to Ester-C®.*

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Grapefruit, No Artificial Sweetener or Flavor, Beta-Carotene and Beet Juice Added For Color.

Suitable for Vegetarians. Non-GMO.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if packet is torn or open.

Ester-C®, Ester-C® and The Better Vitamin C® are licensed TMs of The Ester C Company. U.S. Pat. Nos. 6,197,813 and 6,878,744.

Carefully Manufactured for **AMERICAN HEALTH, INC.**
Ronkonkoma, NY 11779 U.S.A. • 866-646-8576 • www.AmericanHealthUS.com
© 2015 American Health, Inc.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

10694-08-15

