

NO YEAST, NO GLUTEN,  
NO MILK OR MILK DERIVATIVES,  
NO LACTOSE, NO SUGAR,  
NO PRESERVATIVES, NO SOY,  
NO ARTIFICIAL COLOR,  
NO ARTIFICIAL FLAVOR, NO SODIUM.

**FINEST**  
NUTRITION

ENERGY METABOLISM\*

**BIOTIN**

**1000 mcg** PER TABLET

HELPS SUPPORT CARBOHYDRATE,  
FAT & ENERGY METABOLISM\*

DIETARY  
SUPPLEMENT

**100 TABLETS • ONE PER DAY**

**USE ONLY IF INNER SEAL IS NOT BROKEN  
OR MISSING.**

**Suggested Use:** As a dietary supplement  
for adults, take one (1) tablet daily with  
the meal of your choice.

### Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	
Biotin (as d-Biotin)	1,000 mcg	333%

**OTHER INGREDIENTS:** Calcium Carbonate, Cellulose  
(Plant Origin), Silica. Contains <2% of: Cellulose  
Coating, Croscarmellose, Vegetable Magnesium  
Stearate.

**WARNING:** If you are pregnant, nursing a baby or  
considering becoming pregnant, ask a doctor before  
using this product. If you take a prescription

medication or have any medical condition, consult  
a physician before using this product.

**Keep out of the reach of children.**  
Store at room temperature, tightly closed.

**Biotin is a water-soluble B vitamin that assists  
protein and fat metabolism for energy use.\***

Vegetarian Formula

**\*These statements have not been evaluated  
by the Food and Drug Administration. This  
product is not intended to diagnose, treat,  
cure or prevent any disease.**

**Questions or comments? 1-800-925-4733**

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FRESHNESS & POTENCY GUARANTEED THROUGH:

