

At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at our world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.



NUTRITION FROM THE SOURCE™

.....
No Artificial Color or Flavor, No Preservatives, No Sugar, No Starch,
No Milk, No Lactose, No Fish. Sodium Free.
.....

The B vitamin complex is made up of several essential nutrients that provide nourishment for the occasional stress of daily life.* We also include the potent antioxidant support of Vitamin C.* Antioxidants help fight free radicals, which can lead to oxidative stress and the premature aging of cells.*

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. #332

www.vitaminworld.com

1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.
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Product No. 332 B52923 10D

TIMED RELEASE Stress B-Complex

with C 500 mg

B VITAMINS

Supports Energy Metabolism*
Supports Heart Health*

60 COATED CAPLETS | VITAMIN SUPPLEMENT

DIRECTIONS: For adults, take one (1) caplet daily, preferably with a meal.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value	
Vitamin C (as Ascorbic Acid)	500 mg	833%
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)	50 mg	3,333%
Riboflavin (Vitamin B-2)	50 mg	2,941%
Niacin (as Niacinamide)	100 mg	500%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2,500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	1,000 mcg	16,667%
Biotin (as d-Biotin)	300 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg	500%
Choline Bitartrate	10 mg	**
Inositol	10 mg	**
PABA (Para-Aminobenzoic Acid)	10 mg	**
Citrus Bioflavonoids (Citrus spp.) (peel)	10 mg	**
Proprietary Blend Brewer's Yeast, Soy Lecithin, Alfalfa, Watercress, Rice Bran, Parsley	5 mg	**

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Vegetable Stearic Acid.
Contains 2% of: Silica, Vegetable Magnesium Stearate.

Contains wheat and soy ingredients.

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