



CATALYST™

AMINO ACID DIETARY SUPPLEMENT

- Supports muscle tone*
- Enhances strength and energy*

TRIM

90 CAPSULES

SUPPLEMENT FACTS

Serving Size: 3 capsules
Servings Per Container: 30

	Amt Per Serving
L-Glutamine	1,200mg*
L-Leucine	450mg*
L-Isoleucine	225mg*
L-Valine	225mg*
L-Arginine	100mg*
Betaine	50mg*
Taurine	50mg*

*Daily Value (DV) not established.

OTHER INGREDIENTS: GELATIN, STEARIC ACID,
MAGNESIUM STEARATE, SILICON DIOXIDE.

T2010/03L1014



Directions for use:
Take three capsules 30
minutes prior to a meal,
workout or bedtime.
Up to three servings
may be taken per day.

NOTE: IF YOU ARE PREGNANT
OR NURSING, CHECK WITH
YOUR HEALTH CARE
PROFESSIONAL BEFORE
USING THIS PRODUCT.

**KEEP OUT OF REACH OF
CHILDREN**

MADE IN USA

Formulated/Manufactured
exclusively for AdvoCare®
International L.P. Plano, TX
75074 • 800-542-4800

For more information go
to www.advocare.com

**INFORMED-
CHOICE**
Trusted by sport

Catalyst™ supplement
preserves, firms and tones
muscles.* Catalyst also
enhances strength and
provides sustained energy
during physical activity.*

* THIS STATEMENT HAS NOT BEEN EVALUATED
BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE,
TREAT, CURE OR PREVENT ANY DISEASE.