

DIRECTIONS: FOR ADULTS, TAKE ONE (1) SOFTGEL UP TO TWO TIMES DAILY, PREFERABLY WITH MEALS. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Calories	10
Calories from Fat	5
Total Fat	0.5 g
Cholesterol	<5 mg
Vitamin A (from Cod Liver Oil)	2,500 IU
Vitamin D (from Cod Liver Oil)	270 IU

Cod Liver Oil 600 mg
provides 104 mg of Omega-3 Fatty Acids, comprising of:
(DHA) Docosahexaenoic Acid 52 mg
(EPA) Eicosapentaenoic Acid 52 mg

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin.

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

Sundown
Naturals[®]

DOUBLE STRENGTH Cod Liver Oil

NATURAL Source
of Omega-3

with
DHA/EPA

Supports Immune
and Bone Health*

PURIFIED
TO ELIMINATE
MERCURY, PCBs
AND DIOXINS

Smart Facts

Cod Liver Oil is a source of Vitamins A and D. Vitamin A is essential for new cell growth and health, especially for the eyes, skin, hair and teeth.* Vitamin D is essential for bone mass formation and maintenance.* Vitamins A and D are both important for healthy immune system function.* Cod Liver Oil also contains the Omega-3 fatty acids DHA (Docosahexaenoic Acid) and EPA (Eicosapentaenoic Acid) and twice as much Vitamins A and D as other leading brands.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**KEEP OUT OF REACH OF CHILDREN. STORE
IN A DRY PLACE AND AVOID EXCESSIVE
HEAT. TAMPER RESISTANT: DO NOT USE IF
SEAL UNDER CAP IS BROKEN OR MISSING.**



Questions? Call toll free 1-888-VITHELP (848-2435)
or visit us at www.sundownnaturals.com

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100 SOFTGELS DIETARY SUPPLEMENT