

**SUGGESTED USAGE:** Mix 1 level tablespoon into 8 oz. of water or other beverage 1 to 3 times daily.

L-Leucine is one of the three Branched Chain Amino Acids (BCAAs) that is critical in muscle tissue structure.\* Among the BCAAs, Leucine is unique in its role as a signaling molecule that helps to regulate optimal skeletal muscle protein synthesis in normal tissues.\* In addition, it helps to maintain already healthy glucose metabolism and insulin function, and may help to promote the use of fat for energy.\* Studies suggest that L-Leucine, in conjunction with adequate dietary protein, may help to build and maintain lean tissue and optimize body composition.\* NOW® Leucine Powder is instantized for easy mixing in water, beverages or smoothies. No clumping.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CODE 0241 V3



# L-Leucine Powder

**Instantized to Mix Easily / Non-GMO**

**Free-Form, Pharmaceutical Grade**

**Helps Build Lean Tissue\***

**Net Wt. 9 oz. (255 g)**

**A Dietary Supplement Vegetarian/Vegan**



## Supplement Facts

Serving Size 1 Level Tablespoon (approx. 5 g)  
Servings Per Container about 51

### Amount Per Serving

|                                            |                 |
|--------------------------------------------|-----------------|
| L-Leucine Powder<br>(Instantized, Non-GMO) | 5 g (5,000 mg)* |
|--------------------------------------------|-----------------|

\* Daily Value not established.

Other ingredient: Non-GMO Sunflower Lecithin (< 5%).

NOW FOODS, 395 S. Glen Ellyn Rd.  
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[nowsportsproducts.com](http://nowsportsproducts.com)

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.

Please Recycle.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.