



Quick Dissolve
B12 5000 mcg
 ENERGY METABOLISM*
 DIETARY SUPPLEMENT

Actual Product
 Size on Side Panel

30 MICROLOZENGES

Supports
 Heart & Nervous
 System Health*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: For adults, take one (1) microlozenge daily, preferably with a meal. Place microlozenge under tongue for 30 seconds before swallowing. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Microlozenge

Amount Per Serving	%Daily Value	
Vitamin B-12 (as Cyanocobalamin)	5,000 mcg	83,333%
Coenzyme B-12 (as Dibenzozide)	100 mcg	**

**Daily Value not established.

Other Ingredients: Mannitol, Croscopovidone, Vegetable Stearic Acid, Natural Cherry Flavor. **Contains <2% of:** Beet Juice Color, Sucralose, Vegetable Magnesium Stearate.

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Vitamin B12 is essential for normal formation of blood cells and contributes to the health of the nervous system.* A good diet contributes to optimal health, but sometimes stress, fast food meals and eating on the run can have nutritional consequences. One way to ensure that you are getting your daily values for B Vitamins is to take dietary supplements.

Warning: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

No yeast, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor, salt.

Vegetarian Formula

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Prod. No. 1471
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3/16" Non-Varnish Area