



**NOW
SPORTS**

Amino-9 Essentials™ Powder

Complete "Free-Form" Blend
of all 9 Essential Amino Acids

Net Wt. 330 g (11.64 oz)

A Dietary Supplement



SUGGESTED USAGE: Mix 2 ¼ level teaspoons with 8 fl. oz. of juice or your favorite beverage once daily. Taking with juice or other beverage is recommended due to bitter taste of free-form amino acids.

Amino acids are the subunits that make up proteins. They are necessary for the function of all cells, for tissue repair, and for the production of enzymes and neurotransmitters.* The body uses 20 amino acids to construct proteins, but nine "essential amino acids" cannot be made by the human body and must be supplied by the diet in order to achieve proper protein synthesis and maintain overall health.* People with limited diets or poor digestion may not get enough essential amino acids from their diet. In contrast to proteins or peptide-bound amino acids, NOW® Amino-9 Essentials™ has all 9 essential amino acids in their superior free-form state and in the proportions recommended by the National Academy of Sciences to optimize protein synthesis and tissue repair for adults age 19 and over.*

Caution: For adults only. Consult physician if pregnant/nursing, taking medication or have a medical condition [e.g. liver disorders or phenylketonuria (PKU)]. Keep out of reach of children.

Do Not Eat Freshness Packet Enclosed.

Natural color variation may occur in this product.

Supplement Facts

Serving Size 2 ¼ Level Teaspoons (approx. 5.5 g)
Servings Per Container about 60

	Amount Per Serving	% Daily Value
Calories	20	
L-Leucine	981 mg	†
L-Lysine (from L-Lysine Monohydrochloride)	888 mg	†
L-Phenylalanine	771 mg	†
L-Valine	561 mg	†
L-Threonine	468 mg	†
L-Isoleucine	444 mg	†
L-Methionine	443 mg	†
L-Histidine (from L-Histidine Monohydrochloride)	328 mg	†
L-Tryptophan	117 mg	†

† Daily Value not established.

Other ingredients: None.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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