



All-In-One Nutritional Shake for Optimal Health*

Everything you need in just one serving:

- ✓ **Complete Protein Blend** – Contains 5 different non-GMO plant based proteins providing all the essential amino acids in precise proportions, readily usable by the body, for building and repairing tissue and muscle.*
- ✓ **Whole Food Complex** – Includes 9 different healthy colorful fruits and vegetables offering naturally occurring polyphenols, antioxidants and flavonoids to support overall wellness.*
- ✓ **22 Vitamins & Minerals** – Act as catalysts in thousands of biochemical reactions every day to support normal and healthy cell function.*
- ✓ **Fiber & Omega Blend** – Provides 6 grams of dietary fiber to help keep you regular. Also contains over 200mg of Omega-3 to support a healthy brain, heart and circulatory system.*
- ✓ **Probiotics** – Contains 150mg ActivAloe® bioactive polysaccharides that stimulate the growth and maintenance of beneficial intestinal flora.*
- ✓ **Digestive Enzymes Blend** – Assists in digesting foods more completely for greater absorption of nutrients and the good health that goes with them.*

NO ACESULFAME K, NO ARTIFICIAL SWEETENERS, NO ARTIFICIAL FLAVORS, COLORS, OR PRESERVATIVES, NO MSG, NO SOY, GLUTEN FREE, NO EGG, NO DAIRY, NO YEAST.

For complete benefit details, visit www.VeganSmartShake.com

DIRECTIONS (adults): Mix two level scoops of VeganSmart™ All-In-One Nutritional Shake in 8 to 11 ounces of ice-cold water, juice or non-dairy beverage, shake well and enjoy. VeganSmart™ is also a delicious, nutrient-supplementing addition to your favorite smoothie recipe - just blend and enjoy! Take one, or more servings daily for optimal health.* After opening, store in a cool dry place with the lid tightly closed.

Caution: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Typical Amino Acids per 42 gram serving (in milligrams):

Alanine	851	Histidine	495	Proline	891
Arginine	1729	Isoleucine** &	891	Serine	1049
Aspartic Acid	2297	Leucine** &	940	Threonine**	1711
Cysteine (cystine)	198	Lysine**	1428	Tryptophan**	198
Glutamic Acid	3026	Methionine**	218	Tyrosine	756
Glycine	812	Phenylalanine**	1088	Valine** &	891

NATURADE QUALITY & PURITY ASSURED SINCE 1926

Each container has an inner seal under the plastic cap that keeps the product fresh and safe. Do not use if seal is broken or missing. This product is sold by weight, not by volume. Contents may settle during shipping and handling. Store in a cool, dry place.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



All-In-One Nutritional Shake

- Whole Food Complex
- Vitamins
- Omega 3
- Dietary Fiber
- Non-GMO Protein
- Minerals
- Probiotics
- Digestive Enzymes

GREAT TASTE • LOW CALORIE

15 Servings

20g Non-GMO Protein

6g Dietary Fiber

No Cholesterol

Zero Trans Fat

Dairy & Soy Free

Gluten Free

Naturally Flavored & Sweetened



DIETARY SUPPLEMENT

NET WT 22.8oz (1.4lb) 645g

Chai

Supplement Facts

Serving Size: 2 Scoops (43g)
Servings Per Container: 15

	Amount Per Serving	%DV		Amount Per Serving	%DV
Calories	160		Iodine (as potassium iodide)	75mcg	50%
Calories from Fat	45		Zinc (as zinc oxide)	7.5mg	50%
Calories from Saturated Fat	10		Selenium (as sodium selenate)	35mcg	50%
Total Fat	5g	8%*	Copper (as copper gluconate)	1mg	50%
Saturated Fat	1g	5%*	Manganese (as manganese sulfate)	1mg	50%
Trans Fat	0g	†	Chromium (as chromium chloride)	60mcg	50%
Cholesterol	0mg	0%	Molybdenum (as sodium molybdate)	37.5mcg	50%
Total Carbohydrate	14g	5%*	Sodium (as sodium chloride and sodium citrate)	230mg	10%
Dietary Fiber	6g	24%*	Potassium (as potassium citrate)	100mg	3%
Soluble Fiber	5g	†	Complete Protein Blend	23g	†
Insoluble Fiber	1g	†	Pea Protein Isolate, Quinoa Protein, Chia Protein, Potato Protein, Chlorella Protein		
Sugars	5g	†	Whole Food Complex	320mg	†
Other Carbohydrate	3g	†	Apricot Fruit, Mango Fruit, Raspberry Fruit, Carrot Root, Pineapple Fruit, Broccoli Flower and Stem, Cabbage Leaf, Beet Root, Spinach Leaf		
Protein	20g	40%	Fiber & Omega Blend	6g	†
Vitamin A (as vitamin A palmitate)	2000IU	50%	Inulin (from Chicory), Flax Seed Powder, Bamboo Fiber, Pea Fiber, Apple Fruit Fiber, Borage Oil		
Vitamin C (as sodium ascorbate)	30mg	50%	Probiotics	150mg	†
Vitamin D2 (as ergocalciferol)	600IU	150%	Aloe vera inner leaf (Aloe barbadensis)		
Vitamin E (as phytonadione)	40mcg	50%	Digestive Enzyme Blend	300mg	†
Thiamin (as thiamin hydrochloride)	0.75mg	50%	Bromelain, Protease, Amylase, Lipase		
Riboflavin	0.85mg	50%	Organic Sweetener Blend	5g	†
Niacin (as niacinamide)	10mg	50%	Organic Cane Sugar, Organic Rice Syrup Solids, Organic Stevia		
Vitamin B6 (as pyridoxine hydrochloride)	1mg	50%			
Folate (as folic acid)	260mcg	50%			
Vitamin B12 (as methylcobalamin)	9mcg	150%			
Biotin	150mcg	50%			
Pantothenic Acid (as d-calcium pantothenate)	5mg	50%			
Iron (as ferrous fumarate)	9mg	50%			

Other Ingredients: Sunflower Oil, Natural Flavors, Medium Chain Triglycerides, Cocoa Powder, Xanthan Gum.

MANUFACTURED IN A FACILITY THAT PROCESSES MILK, SOY & EGGS.

Distributed by Naturade a division of Prevention, LLC Irvine, CA 92614 1-800-421-1838

Made in U.S.A. from domestic and imported ingredients

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Learn more about Naturade products at www.naturade.com



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