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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take two (2) softgels daily, in divided doses, with or without food, or as recommended by a healthcare practitioner. European Milk Thistle is both grown and processed in Europe. This premium quality extract is standardized to provide the main active compound, silymarin, along with highly active isomers silybin and isosilybin A & B.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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QE01922A



LifeExtension®

European Milk Thistle



Advanced Phospholipid Delivery*

Dietary
Supplement

60 Softgels

Supplement Facts

Serving Size 2 Softgels • Servings Per Container 30

Amount Per Serving	% Daily Value
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Milk Thistle Phospholipid Proprietary Blend	760 mg **
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Milk thistle extract (fruit) [providing
480 mg silymarin, 180 mg silybin, 48 mg
isosilybin A and isosilybin B], phospholipids

SILIPHOS® phytosome milk thistle extract	160 mg **
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(fruit) [providing 47.52 mg silybin]

**Daily Value not established.

Other ingredients: sunflower oil, gelatin, glycerin, purified water, carob color, beeswax.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, Florida 33309
LifeExtension.com

To report a serious adverse event or obtain product
information, contact 1-866-280-2852.