

From the moment raw ingredients reach our facilities to the time a finished supplement is packaged, stringent analysis confirms the potency, purity and nutritional content of every nutritional product that bears the Vitamin World name. *We guarantee it!*



No Artificial Color or Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Fish.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Avoid this product if you have Wilson's disease or are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # **2100**
www.vitaminworld.com
1-800-228-4533

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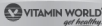
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VITAMINS FOR THE HAIR

NATURALLY INSPIRED®

*Synergistic
Beauty Formula For
Lustrous Hair**

VEGETARIAN
60 | DIETARY SUPPLEMENT
COATED CAPLETS



DIRECTIONS: For adults, take one (1) caplet daily, preferably with a meal.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value	
Niacin	35 mg	175%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg	1,000%
Iron (as Ferrous Sulfate)	15 mg	83%
Iodine (from Kelp)	150 mcg	100%
Zinc (as Zinc Gluconate)	15 mg	100%
Copper (as Copper Gluconate)	2 mg	100%
Manganese (as Manganese Gluconate)	5 mg	250%
Sodium	5 mg	<1%
PABA (Para-Aminobenzoic Acid)	30 mg	**
Choline Bitartrate	125 mg	**
Inositol	50 mg	**
Isolated Soy Protein	100 mg	**
Brewer's Yeast	5 mg	**

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Silica, Vegetable Magnesium Stearate. Contains soy and wheat ingredients.