

At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at our world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.



NUTRITION FROM THE SOURCE

SUBLINGUAL

B-12

5000 mcg

B VITAMINS

Supports Energy Metabolism*
Supports Heart Health*

60 MICROLOZENGES | VEGETARIAN VITAMIN SUPPLEMENT

No Artificial Flavor, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Yeast, No Fish, Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. #1473
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured for
Vitamin World, Inc.
Holbrook, NY 11741 U.S.A.
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Product No. 1473 B1471 11E

DIRECTIONS: For adults, take one (1) microlozenge daily. Place microlozenge under tongue for 30 seconds before swallowing.

Supplement Facts

Serving Size 1 Microlozenge

Amount Per Serving	%Daily Value
Vitamin B-12 5,000 mcg (as Cyanocobalamin)	83,333%

Coenzyme B-12 100 mcg (as Dibenzoyl)	**
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**Daily Value not established.

Other Ingredients: Mannitol, Crospovidone, Vegetable Stearic Acid, Natural Cherry Flavor. **Contains <2% of:** Beet Juice Color, Sucralose, Vegetable Magnesium Stearate.

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B vitamins play a role in energy metabolism in the body.* Vitamin B-12 is essential for normal formation of blood cells and contributes to the health of the nervous system.*

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60 MICROLOZENGES | VEGETARIAN VITAMIN SUPPLEMENT

Part No. 22-14737

Product No. 1473 B1471 11E



Did you know that absorption of B-12 from the digestive system naturally decreases as we age? This decrease in absorption is usually due to a loss of stomach acid as well as insufficient functioning of stomach enzymes. Our super potency formula maximizes B-12 levels in the digestive system, to help increase overall B-12 absorption.*

Sublingual B-12 is important for heart health, nervous system health and energy metabolism.*

HEART HEALTH: Vitamin B-12 is one of the three major B vitamins, along with B-6 and Folic Acid, that help maintain homocysteine levels already within a normal range by converting homocysteine into the amino acid methionine.* Healthy levels of homocysteine are believed to play an important role in heart and cardiovascular health.*

NERVOUS SYSTEM HEALTH: B-12 is essential for maintaining nerve cells, which is important for relaying messages from the brain to all the cells of the body.* Taking Sublingual B-12 every day helps keep your nervous system working efficiently.*

ENERGY METABOLISM: B-12 works in conjunction with important enzymes in the body.* By helping to activate these enzymes, the breakdown of important nutrients such as amino acids can occur, which supports energy metabolism.*