

At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at our world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.



NUTRITION FROM THE SOURCE™

.....
No Artificial Color, Flavor or Sweetener, **No** Preservatives,
No Sugar, **No** Starch, **No** Milk, **No** Lactose, **No** Soy, **No** Gluten,
No Wheat, **No** Yeast, **No** Fish. Sodium Free.
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WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER PROD. #1403

www.vitaminworld.com

1-800-228-4533

Carefully Manufactured for
Vitamin World, Inc.

Holbrook, NY 11741 U.S.A.

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Product No. 1403 B1400 11F

Folic Acid

400 mcg

B VITAMINS

Important Nutrient for Women

Supports Heart Health*

250 TABLETS | VEGETARIAN DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) tablet up to two times daily, preferably with meals.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Folic Acid	400 mcg 100%

Other Ingredients: Vegetable Cellulose, Calcium Carbonate.
Contains <2% of: Silica, Vegetable Magnesium Stearate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Folic Acid helps maintain cardiovascular health and is important for healthy cell growth.* Healthful diets with adequate folate may reduce a woman's risk of having children with a brain or spinal cord birth defect. Folate intake should not exceed 1000 mcg.