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Typical Amino Acid Profile (example) (per serving)**		
Essential Amino Acids	mg Per 4 Capsule Serving	
L-Histidine	37	
L-Isoleucine	115	
L-Leucine	205	
L-Lysine	185	
L-Methionine	35	
L-Phenylalanine	72	
L-Threonine	141	
L-Tryptophan	37	
L-Valine	141	
Non-Essential Amino Acids		
L-Alanine	135	
L-Arginine	306	
L-Aspartic Acid	246	
L-Cysteine	38	
L-Glutamic Acid	454	
L-Glutamine	200	
Glycine	167	
L-Hydroxyproline	44	
L-Ornithine	24	
L-Proline	179	
L-Serine	106	
L-Tyrosine	66	

** subject to natural variability

SUGGESTED USAGE: Take 4 capsules daily, preferably with juice.
 Natural color variation may occur in this product.
Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.
 Do Not Eat Freshness Packet. Keep in Bottle.

EUA # 3007664609
CODE 0013B
 V9



AMINO COMPLETE™

Balanced Blend of Protein
 and Free-Form Amino Acids

360 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 4 Capsules Servings Per Container 90

	Amount Per Serving	% Daily Value
Calories	15	
Protein	3 g	6%*
Vitamin B-6 (from Pyridoxine HCl)	13 mg	650%

Blend of peptide-bound 3 g (3,000 mg) †
 Amino Acid sources (Whey Protein Isolate, Soy Protein Isolate, Sodium Caseinate, Gelatin) plus Free-Form Amino Acids (L-Glutamine, L-Arginine, L-Ornithine)

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Gelatin (capsule), Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

Contains milk and soy.

NOW FOODS, 395 S. Glen Ellyn Rd.
 Bloomingdale, IL 60108, USA
nowsportsproducts.com

Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry, dark place after opening. Please Recycle.