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Typical Amino Acid Profile (example) (per serving)**	
Essential Amino Acids	mg Per 4 Capsule Serving
L-Histidine	37
L-Isoleucine	115
L-Leucine	205
L-Lysine	185
L-Methionine	35
L-Phenylalanine	72
L-Threonine	141
L-Tryptophan	37
L-Valine	141
Non-Essential Amino Acids	
L-Alanine	135
L-Arginine	306
L-Aspartic Acid	246
L-Cysteine	38
L-Glutamic Acid	454
L-Glutamine	200
Glycine	167
L-Hydroxyproline	44
L-Ornithine	24
L-Proline	179
L-Serine	106
L-Tyrosine	66

** subject to natural variability

EUA # 3007664609

CODE 0011B

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SUGGESTED USAGE: Take 4 capsules daily, preferably with juice.
 Natural color variation may occur in this product.
Caution: For adults only. Consult physician if pregnant/nursing,
 taking medication, or have a medical condition. Keep out of reach
 of children.
Do Not Eat Freshness Packet. Keep in Bottle.



AMINO COMPLETE™

Balanced Blend of Protein
and Free-Form Amino Acids

120 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 4 Capsules

Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	15	
Protein	3 g	6%*
Vitamin B-6 (from Pyridoxine HCl)	13 mg	650%
Blend of peptide-bound Amino Acid sources (Whey Protein Isolate, Soy Protein Isolate, Sodium Caseinate, Gelatin) plus Free-Form Amino Acids (L-Glutamine, L-Arginine, L-Ornithine)	3 g (3,000 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Gelatin (capsule), Cellulose, Stearic Acid (veg-
 etable source), Magnesium Stearate (vegetable source) and Silica.
 Contains milk and soy.

NOW FOODS, 395 S. Glen Ellyn Rd.
 Bloomingdale, IL 60108, USA
nowsportsproducts.com

Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut
 ingredients. Produced in a GMP facility that processes other ingre-
 dients containing these allergens.

Store in a cool, dry, dark place after opening. Please Recycle.