



5-HTP with vitamin B6

100mg

mood^v

specialty

60 capsules
dietary supplement

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin B6 (as pyridoxine HCl)	20 mg	1000%
L-5-Hydroxytryptophan (Griffonia simplicifolia Extract)(seed)	100 mg	*

* Daily Value not established.

Other ingredients: Rice flour, gelatin, magnesium stearate, silicon dioxide.

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

v This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take one (1) capsule daily, preferably in between meals.

WARNING: Do not use this product if you are pregnant or nursing or taking any antidepressant medications such as selective serotonin reuptake inhibitors (SSRI's), tricyclic antidepressants or monoamine oxidase inhibitors (MAOI). Consult your physician prior to use if you have any medical condition or are taking any medications.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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