+

ultimate detox & cleanse™

2 products in one!

Scan for more information about this product.

USA Tested gluten free

fat metabolism factors™*

Supplement Facts

Serving Size: Two (2) Tablets Servings Per Container: 7

Amount Per Serving	% Daily Value
Vitamin B-6 (as Pyridoxine) 66.67 mg	3334%
Iodine (from Kelp) 150 mcg	100%
Proprietary Blend 1.5 g	
(as Chromium Polynicotinate**) 133.33 mcg	111%
Potassium	
(as Potassium Amino Acid Complex) 68 mg	2%
Proprietary Blend 500 mg	
Lecithin (from Soy), Inositol, Choline (as Choline Bitartrate), Gymnema Sylvestre (Gymnema Sylvestre Leaf), Guar Gum***, Chromium (Chromium Amino Acid Complex), Glucomannan (Konjac Root), Phenylalanine (as L-Phenylalanine)	

*Daily Value not established

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Natural Colors

**Chromeflake® is a Trademark of InterHealth Nutraceuticals, Inc.

***Guguphos® is a Trademark of Sabinsa Corporation.

CAUTION: Contains phenylalanine and should be avoided by phenylketonurics and women who are pregnant or lactating.

blood detoxification factors™*

Supplement Facts

Serving Size: Two (2) Tablets Servings Per Container: 7

Amount Per Serving	% Daily Value
Iron (as Iron Amino Acid Chelate) 1.35 mg	7%
Zinc (as Zinc Monomethionine**) 6 mg	40%
Manganese	
(as Manganese Amino Acid Chelate) 4 mg	200%
Molybdenum (as Molybdenum Amino Acid Chelate) 400 mcg	533%
Proprietary Blend 1.2 g (1200 mg)	
Echinacea Root (Echinacea purpurea/pallida), Red Clover Flower (Trifolium pratense) and Dandelion Root (Taraxacum officinale)	

*Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Natural Colors

**Gelmin® is a Trademark of InterHealth Nutraceuticals, Inc.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a physician or Poison Control Center immediately.

liver wellness™*

Supplement Facts

Serving Size: Two (2) Tablets Servings Per Container: 7

Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene) 1500 IU	25%
Vitamin E	
(as d-alpha Tocopheryl Succinate) 150 IU	500%
Vitamin K (as Phytonadione) 30 mcg	38%
Thiamin (as Thiamin Hydrochloride) 20 mg	1333%
Niacin (as Niacinamide) 20 mg	100%
Vitamin B-6 (as Pyridoxal-5-Phosphate) 200 mg	2500%
Pantothenic Acid	
(as d-Calcium Pantothenate) 20 mg	200%
Proprietary Blend 1.35 g (1350 mg)	
Dandelion Root (Taraxacum officinale), Lecithin (from Soy), Inositol, Choline (as Choline Bitartrate), Milk Thistle Seed Extract (Silybum marianum) (80% Silymarin), Artichoke Leaf Extract (Cynara scolymus), Peppermint and Butternut Root Bark (Juglans cinerea)	

*Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Natural Colors

fiber & more™

Supplement Facts

Serving Size: Two (2) Tablets Servings Per Container: 7

Amount Per Serving	% Daily Value
Dietary Fiber 893 mg	4%
Proprietary Blend 1.37 g (1370 mg)	
Psyllium Seed Husk, Apple Pectin, Guar Gum (Cyamopsis tetragonolobus), Psyllium Seed Husk (Plantago psyllium), Apple Pectin, Garlic Clove Extract (Allium sativum), Pumpkin Seed (Cucurbita pepo), Butternut Root Bark (Juglans cinerea), Dandelion Root (Taraxacum officinale), Rice Bran, Buckthorn Bark (Rhamnus cliffortiana) and Okra Leaf (Abelmoschus esculentus)	

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Natural Colors

See enclosed insert for more information

PRODUCT #01058

Directions For Use: Ultimate Detox & Cleanse™: Take the contents of one packet with breakfast, and one packet with lunch (two packets per day). **Directions For Use: Super Defense Food™:** Stir 1 scoop (1 scoop = 2 teaspoons) of **Super Defense Food™** into 8 ounces of chilled water or juice. Use a shaker or blender for maximum effectiveness. To preserve freshness, keep container closed and away from heat. Throughout the time you are using **Michael's® Super Defense Food™**, it is also helpful to reduce your consumption of processed foods, meat and dairy products. It is also helpful to increase your consumption of fibrous fruits and vegetables while decreasing consumption of processed foods, meat and dairy products. Follow this schedule for 7 days.

Manufactured with all natural fillers, binders and coating. **Ultimate Detox & Cleanse™** contains no dairy, wheat, gluten, corn, yeast, sugar or any artificial ingredients. **Super Defense Food™** contains no dairy, wheat, gluten, corn, yeast, sugar or any artificial ingredients.

This box has been sealed for your protection. Do not use if seal is broken or missing.

Ultimate Detox & Cleanse™ is made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products. **Super Defense Food™** is made in a GMP facility that processes milk, soy, tree nut and wheat products.

MANUFACTURED FOR **MICHAEL'S® NATUROPATHIC PROGRAMS** PO BOX 34914, SAN ANTONIO, TEXAS 78265
Consumer Information Service Voice Mail 800-945-0756

Ultimate Detox & Cleanse™ is certified by Rabbi Alan Silver, M.D. Orthodox Jewish Council

Visit our informative website to learn more about Michael's® and our products: **www.michaelshealth.com**

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ultimate detox & cleanse™

- ▸ *aids digestion*+
- ▸ *may help decrease appetite*+
- ▸ *helps cleanse the intestinal tract*+

Product may differ slightly from illustration

formula	*ingredient*	*function*+
liver wellness™	*choline, inositol*	*fat burning & processing*
	lecithin	*emulsifies fat*
	milk thistle seed	*liver support*
blood detoxification factors™	*red clover flower, dandelion root*	*liver support*
	iron	*needed for hemoglobin*
	zinc, manganese, molybdenum	*needed for detoxification enzymes*
fat metabolism factors™	*B-6, potassium*	*fluid balance*
	guggul gum	*supports fat elimination*
fiber & more™	*apple pectin, psyllium*	*soluble fiber*
	okra leaf	*mucilaginous fiber*
	rice bran, buttternut root bark	*insoluble fiber*

✧This statement has not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

michael's®
naturopathic programs

true whole body cleansing✧

ultimate detox & cleanse™ & rebuild™

7 day program

USA Tested • gluten free

conveniently packaged tablets
[14 individual 4-tablet packets (56 tablets)]
and
easy-to-mix *super defense food*™ powder
[net wt. 1.4 oz (40 g)]

vegetarian dietary supplements

tried & truthful

Supplement Facts

Serving Size: 5.7 Grams (2 Teaspoons) or One (1) Scoop
Servings Per Container: 7

Amount Per Serving	% Daily Value
Total Calories: 30	*
Calories From Fat: 0	*
Total Fat: 0	0%
Saturated Fat: 0	0%
Cholesterol: 0	0%
Sodium: 21 mg	1%
Total Carbohydrates: 4 g	1%**
Dietary Fiber: 1 g	5%**
Sugars: 1 g	*
Protein: 1 g	*
Proprietary Blend 5.7 g (5700 mg)	*

Ingredients:
Fruits: (Apple, Banana, Pineapple, Cherry, Mango, Pomegranate, Grape, Lemon, Blackberry, Blueberry, Raspberry, Strawberry), Vegetables: (Beet, Carrot, Spinach), [Cel Grass Juice Powder, Spirulina, Chlorella Whole Algae, Barleygrass Juice Powder], Beet Root (Beta vulgaris), Maqui Berry (Aristotelia chilensis), Raspberry Flavoring, Acerola Berry Prebiotic Blend [Lactobacillus gasseri, Bifidobacterium bifidum, Bifidobacterium longum], Astragalus Root, Cilantro Leaf, Mushrooms (Agaricus (Agaricus bisporus), Cordyceps (Cordyceps sinensis), Reishi (Ganoderma lucidum), Maitake (Grifola frondosa), Reishi (Ganoderma lucidum), Shiitake (Lentinus edonis), Tremella (Tremella fuciformis), Turkey Tail (Trametes versicolor)), Agave Leaf Inulin (Agave tequilana), Milk Thistle Seed, Kelp Leaf (Ascophyllum nodosum), Pumpkin, Dulse Leaf (Palmaria palmata), Broccoli Flower, Cabbage Leaf, DigoZyme®** (Digestive Enzymes), Lactase, Cellulase, Lipase, Protease, Amylase, Bamboo Sprout, Nettle Leaf, Electhers Root, Apple Fruit Extract, Goji Berry, Yum Berry Fruit (Myrica rubra)

*Daily Value not established.
**Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENT: Lo Han Berry Extract (Luo Han Guo)

DigoZyme® is a Trademark of Sabinsa Corporation.

Refrigerate after opening.

Super Defense Food™ is not intended as a meal replacement.

super defense food™

michael's®
naturopathic programs

Product best if used within 2 years of MFG Date (Date of manufacture).

The Principles of Naturopathy

Find the Cause
To accurately select the correct course of treatment the specific cause must be determined.

Utilize the Healing Power of Nature
This healing power exists in each person and is also found in the gifts provided by nature as the nutrients in our foods from a vast array of sources.

Treat the Whole Person
Treatments solely focused on symptom relief may not address all the factors as they relate to the core issues. Many components can impact an individual's health concerns, going beyond what appear to be the direct causes.

Do No Harm
By providing nutrients, not drugs or other treatments, the body has what it needs to re-establish the health of the individual without any 'cost'.