



Red Yeast Rice

600 mg

**NATURALLY DERIVED
DIETARY SUPPLEMENT**

Actual Product
Size On Side Panel

250 CAPSULES

Directions: For adults, take two (2) capsules once or twice daily, with food. Do not exceed four (4) capsules in a 24-hour period. It is recommended that you also take a Coenzyme Q-10 supplement when using this product. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 125

Amount Per Serving	%Daily Value
Red Yeast Rice Powder 1,200 mg (1.2 g) (<i>Monascus purpureus</i>)	*

*Daily Value not established.

Other Ingredients: Gelatin (Bovine). **Contains <2% of:** Rice Flour, Silica, Vegetable Magnesium Stearate.

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Red Yeast Rice has been a part of the traditional Chinese diet for centuries. Two capsules contain 1,200 milligrams of Red Yeast Rice Powder, produced by fermentation of rice with *Monascus purpureus*.

Warning: Do not use if you are pregnant, may become pregnant, or are breast feeding because using this product may cause birth defects. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have liver disease. Discontinue use and consult your doctor if any adverse reactions occur including muscle pain or weakness, rash or gastrointestinal discomfort. Not intended for use by children.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

No wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, salt.



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