

Vitamin E, a fat-soluble antioxidant, helps stabilize cell membranes and regulates oxidation reactions in the body.* Selenium, a key component of an antioxidant enzyme, and Vitamin E fight the cell-damaging effects of free radicals.*

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Fish. Sodium Free.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NATURE'S BOUNTY

NATURAL

E-400_{IU}

with Selenium 50 mcg

Supports Immune Health*
Antioxidant Support*

**RAPID RELEASE
LIQUID SOFTGEL**



50 softgels

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Vitamin E (as d-Alpha Tocopherol)	400 IU	1,333%
Selenium (as Selenium Yeast)	50 mcg	71%

Other Ingredients: Gelatin, Vegetable Oil, Vegetable Glycerin, Yellow Beeswax, Soy Lecithin.

Contains soy ingredients.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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