

Lecithin is an important natural source of choline, inositol, and linoleic acid. Choline is a vital component of all cell membranes, and plays an important role in nerve and heart health.*

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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NATURE'S BOUNTY

ULTRA SOYA

Lecithin
1200 mg

**Supports
Nerve & Heart
Health***

**RAPID RELEASE
LIQUID SOFTGEL**



100 softgels



**A NATURAL SOURCE OF
CHOLINE**

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel five times daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Soya Lecithin	1,200 mg (1.2 g)	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Ingredients: Soy Lecithin, Gelatin, Vegetable Glycerin. Contains soy ingredients.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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