

Supports Bone, Heart & Immune System Health plus Energy Metabolism & Antioxidant Support.* Includes many ingredients formulated for women. Each serving supplies vitamins, minerals, herbs, plant nutrients and other important factors to meet your daily nutritional needs. Ultra Woman™ is specifically designed to support a woman's most important health concerns with Calcium and Vitamin D for strong bones, and Vitamin C and E for heart and circulatory health.* We've also included a B-Complex for energy metabolism and several essential nutrients for antioxidant support.*

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition Questions or Comments?

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HIGH POTENCY ULTRA WOMAN™

Vitamin, Mineral, Herb Formula For Women
Provides 48 Active Ingredients



DIETARY SUPPLEMENT
90 TABLETS | COATED FOR EASE OF SWALLOWING

DIRECTIONS: For adult women, take two (2) tablets daily, preferably with a meal.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 45

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Beta-Carotene and Retinyl Acetate)	5,000 IU 100%	Copper (as Cupric Oxide)	2 mg 100%
Vitamin C (as Ascorbic Acid)	200 mg 333%	Manganese (as Manganese Gluconate)	2 mg 100%
Vitamin D (as D3 Cholecalciferol)	2,000 IU 500%	Chromium (as Chromium Picolinate)	200 mcg 167%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU 100%	Molybdenum (as Sodium Molybdate)	75 mcg 100%
Vitamin K (as Phytonadione)	80 mcg 100%	Potassium (as Potassium Chloride)	30 mg 1%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg 3,333%	Vanadium (as Sodium Metavanadate)	10 mcg **
Riboflavin (Vitamin B-2)	50 mg 2,941%	Boron (as Boronorganic Glycine)	2 mg **
Niacin (as Nicotinamide)	50 mg 250%	Alpha Lipoic Acid	10 mg **
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2,500%	Hesperidin Complex	5 mg **
Folic Acid	400 mcg 100%	Ultra Woman™ Proprietary Blend	100 mg **
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1,667%	Collagen (Hydrolyzed Gelatin), Choline (as Choline Bitartrate), Inositol, Silicon Dioxide	
Biotin (as d-Biotin)	1,000 mcg 333%	Ultra Woman™ Fruit and Vegetable Blend	100 mg **
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg 500%	Citrus Bioflavonoids (Citrus limon) (peel),	
Calcium (as Calcium Carbonate)	500 mg 50%	Bilberry Extract (Vaccinium myrtillus) (fruit),	
Iron (as Ferrous Fumarate)	18 mg 100%	Elderberry (Sambucus nigra) (fruit), Black Currant (Ribes nigrum) (fruit), Grape Seed Extract (Vitis vinifera),	
Iodine (as Potassium Iodide)	150 mcg 100%	Brussels Sprout Extract, Kale Extract, Cauliflower Extract, Celery Seed Extract (Apium graveolens),	
Magnesium (as Magnesium Oxide)	100 mg 25%	Carrot Extract, Broccoli Extract, Cabbage Extract, Lutein, Coenzyme Q-10, Resveratrol from Polygonum cuspidatum Extract (root), Lycopene	
Zinc (as Zinc Oxide)	15 mg 100%		
Selenium (as Sodium Selenate)	200 mcg 286%		

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Silica, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Gelatin, Vanillin, Natural Palm Leaf Glaze.

Contains milk ingredients.

No Artificial Color. No Preservatives. No Sugar. No Gluten. No Wheat. No Yeast. No Fish.

