

Mineral Complement:

05008 ESSENTIAL MINERALS – 120 TABS
05009 ESSENTIAL MINERALS – 240 TABS

PRODUCT #04001

DIRECTIONS: As a dietary supplement, take two (2) tablets in the morning with breakfast. Dosage may be increased as directed by a healthcare practitioner.

Manufactured with all natural fillers, binders and coating. This product contains no dairy, wheat, gluten, corn, soy, yeast, sugar, starch or any artificial ingredients. Our products contain organically grown herbs, when available.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

CAUTION: Keep out of reach of children.

MANUFACTURED FOR
MICHAEL'S®
NATUROPATHIC PROGRAMS
PO BOX 34914
SAN ANTONIO, TEXAS 78265
A Division of Inner Health Group, Inc.

Consumer Information Services
Voice Mail: 800-845-2730

Certified by: Rabbi Alan Silver, M.D.
Orthodox Jewish Council

www.michaelshealth.com



michael's®
naturopathic programs



**for
men**
daily multi vitamin

vitamin & herb supplement
90 vegetarian &
kosher tablets

tried & truthful



Supplement Facts

Serving Size: Two (2) Tablets
Servings Per Container: 45

Amount Per Serving		% Daily Value
Vitamin A (as Beta Carotene)	15,000 IU	300%
Vitamin C (as Calcium Ascorbate)	300 mg	500%
Vitamin D3 (as Cholecalciferol) (from Lanolin)	400 IU	100%
Vitamin E (as d-alpha Tocopheryl Succinate)	200 IU	667%
Vitamin K2 (Menaquinone 7, MK-7) (from Geraniol [Pine])	10 mcg	13%
Thiamin (as Thiamin Mononitrate)	75 mg	5000%
Riboflavin	75 mg	4412%
Niacin (as Niacinamide)	150 mg	750%
Vitamin B-6 (as Pyridoxine Hydrochloride)	75 mg	3750%
Folate (as [6S]-5-methyltetrahydrofolic acid equivalent to 250 mcg of [6S]-5-methyltetrahydrofolic acid, glucosamine salt **)	125 mcg	31%
Vitamin B-12 (as Methylcobalamin)	500 mcg	8333%
Biotin	500 mcg	167%
Pantothenic Acid (as d-Calcium Pantothenate)	150 mg	1500%
Iodine (from Kelp)	150 mcg	100%

Proprietary Blend 1.24 g (1235 mg)
Choline (as Choline Bitartrate), Inositol, Saw Palmetto Berry (Serenoa serrulata), Bioflavonoids (from Citrus), Flax Seed Extract (55% alpha-Linolenic Acid), Damiana Leaf (Turnera aphrodisiaca), Dandelion Root (Taraxacum officinale), Licorice Root (Glycyrrhiza glabra), Oriental Ginseng Root (Panax ginseng), PABA (Para-aminobenzoic Acid), Pumpkin Seed (Cucurbita pepo), Parsley Leaf (Petroselinum sativum), Betaine Hydrochloride, Hesperidin and Rutin

*Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic Acid, Dicalcium Phosphate, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Natural Glaze.

**Quatrefolic® is a registered trademark of Gnosis S.p.A.

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

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Scan for product information.

