



# B12 with folic acid

raspberry

**vitamin**  
4 fl. oz. (118 mL)  
dietary supplement

energy  
production<sup>▼</sup>

gluten  
free

dairy  
free

soy  
free

nut  
free

## Supplement Facts

Serving Size 1/5 Teaspoon (1 mL)  
(One Full Dropper)

Servings Per Container: 118

|                                    | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------------|-----------------------|------------------|
| Folic Acid                         | 400 mcg               | 100%             |
| Vitamin B12<br>(as cyanocobalamin) | 1000 mcg              | 16667%           |

\* Daily Value not established.

**Other ingredients:** Vegetable glycerin, deionized water, natural flavor, citric acid.

▼ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

**DIRECTIONS:** As a dietary supplement for adults, take one full dropper (1 mL) daily, preferably after a meal.

Shake well before using.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

**Distributed by:** Vitamin Shoppe, Inc.  
Secaucus, NJ 07094

Visit [www.vitaminshoppe.com](http://www.vitaminshoppe.com)

or call 1-800-223-1216

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