



POLYGALA


Polygala tenuifolia

Promotes a
Calm Mind*

2 fl. oz. (60 mL)

HERBAL SUPPLEMENT

HERBALIST
H&A
ALCHEMIST



Suggested use: 20-40 drops
(1-2 mL) in juice or water.
Take 3-4 times per day.
Shake well before using.

Supplement Facts

Serving size 40 drops (2 mL)
Servings per container 30

Amount Per Serving

Dried Polygala root Δ
extract 2 mL†

† Daily value not established.

Other ingredients: Distilled water,
ethyl alcohol ♦.

Botanical Preparation Ratio 1:5
♦ Certified Organic
Δ Ecologically Harvested

Contraindications: Do not use
during pregnancy or lactation. Use
cautiously if you have an ulcer or
gastritis. Excessive use may
cause nausea.

KEEP OUT OF CHILDREN'S REACH

***This statement has not been
evaluated by the FDA. This product
is not intended to diagnose, treat,
cure or prevent any disease.**

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