

Carnosine is a naturally-occurring dipeptide, concentrated in the brain, heart, liver, other organs, and skeletal muscle. It has multi-functional antioxidant and oxygen free radical-scavenging characteristics. Carnosine may help athletic recovery and performance.* Research has shown that carnosine inhibits AGE (advanced glycation end product) formation and may help brain and neurological health.*

Helps support age-related cognitive function*

Helps improve athletic recovery and performance*

Helps promote cell-level stress tolerance*

May help vegetarians and vegans to increase carnosine lacking in the diet.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Doctor's
BEST®**

**Science-Based
Nutrition™**

Carnosine

HEALTHY AGING SUPPORT*



**Dietary
Supplement**

500mg/90 Veggie Caps



Supplement Facts

Serving Size 2 veggie capsules

Servings per container 45 servings

	Amount per serving	%Daily Value
Carnosine (L-carnosine)	1000 mg	†

† Daily Value not established.

Other Ingredients: Modified cellulose (vegetarian capsule), microcrystalline cellulose, silicon dioxide.

Suggested Adult Use: Take 2 capsules daily, with food, or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Soy Free / Vegan

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

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