

At Vitamin World, we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at our world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.

No Artificial Color, No Artificial Flavor, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer seal is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. #18187
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.
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Product No. 18187 B18187 03C



NUTRITION FROM THE SOURCE™

ENER-B® SHOT B-12

5000 mcg

FAST ACTING LIQUID

B VITAMINS

Supports Energy Metabolism*
Great Tasting
Natural Berry Flavor



Net Wt. 2 fl. oz. (59mL)

VEGETARIAN
DIETARY SUPPLEMENT

DIRECTIONS: SHAKE WELL BEFORE USE. For adults, place one (1) mL daily under the tongue and hold there for 30 seconds before swallowing.

Supplement Facts

Serving Size 1 mL
Servings Per Container 59

Amount Per Serving	%Daily Value
Vitamin B-12 5,000 mcg	83,333%
(as Cyanocobalamin)	

Other Ingredients: Purified Water, Sorbitol, Vegetable Glycerin, Natural Berry Flavor, Citric Acid, Potassium Sorbate (preservative).

Vitamin B-12 supports energy metabolism by working with enzymes involved in the breakdown of nutrients such as amino acids.* It's essential for the normal formation of blood cells and contributes to the health of the nervous system.* B-12 is part of a triad of vitamins, along with folic acid and vitamin B-6, that support heart health.* This fast acting liquid has a delicious natural berry flavor, and is a great alternative for those that don't like taking pills.

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