michael's®
naturopathic programs

lab tested • gluten free

- poor digestion?❖
- low energy?❖
- eating too much?❖

Scan for more information about this product.

fat metabolism factors™❖

Supplement Facts

Serving Size: Three (3) Tablets — Servings Per Container: 14

Amount Per Serving		% Daily Value
Vitamin B-6 (as Pyridoxine Hydrochloride)	100 mg	5000%
Iodine (from Kelp)	225 mcg	150%
Chromium (as Chromium Polynicotinate**)	200 mcg	167%
Potassium (as Potassium Amino Acid Complex)	99 mg	3%
Proprietary Blend	**1.35 g (1350 mg)**	*

Lecithin (from Soy), Inositol, Choline (as Choline Bitartrate), Sea Wrack Leaf (Fucus vesiculosus), Guggul Gum*** (from Commiphora mukul) (2.5% Guggulsterones) and Phenylalanine (as L-Phenylalanine)

*Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Natural Glaze.

**ChromeMate® is a Trademark of InterHealth Nutraceuticals, Inc.
***Gugulipid® is a Trademark of Sabinsa Corporation.

CAUTION: Contains phenylalanine and should be avoided by phenylketonurics and women who are pregnant or lactating.

fiber & more™

Supplement Facts

Serving Size: Three (3) Tablets — Servings Per Container: 14

Amount Per Serving		% Daily Value
Dietary Fiber	1.34 g	6%*
Proprietary Blend	**2.05 g (2048 mg)**	**

Rice Bran (Oryza sativa), Flax Seed (Linum usitatissimum), Psyllium Seed Husk (Plantago psyllium), Apple Pectin, Garlic Clove Extract (Allium sativum), Pumpkin Seed (Cucurbita pepo), Butternut Root Bark (Juglans cinerea), Dandelion Root (Taraxacum officinale), Marshmallow Root (Althea officinalis) and Okra Leaf (Abelmoschus esculentus)

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Natural Glaze.

Directions For Use: Product #01052

Take the contents of one packet with each meal (3 packets daily). Follow this schedule for 14 days. Throughout the time you are using **Michael's® Ultimate Detox & Cleanse™** program, drink plenty of water (non-tap, distilled is best): 8 glasses or more daily. It is also helpful to increase your consumption of fibrous fruits and vegetables while decreasing consumption of processed foods, meat and dairy products.

Manufactured with all natural fillers, binders and coating. This product contains no dairy, wheat, gluten, corn, yeast, sugar or any artificial ingredients. Our products contain organically grown herbs, when available.

This box has been sealed for your protection.
Do not use if seal is broken or missing.

MANUFACTURED FOR **MICHAEL'S® NATUROPATHIC PROGRAMS**
PO BOX 34914, SAN ANTONIO, TEXAS 78265
Consumer Information Services Voice Mail: 800-845-2730

Certified by Rabbi Alan Silver, M.D.
Orthodox Jewish Council

Visit our informative website to learn more about Michael's® and our products: **www.michaelshealth.com**

See enclosed insert for more information

Supplement Your Body's Cleansing Process

The body carries out its own spontaneous cleansing processes on a daily basis, working to eliminate toxins that we breathe, ingest or absorb from the environment as well as the toxins that form internally as by-products of natural processes such as breathing and digestion. The nutrients and herbs contained in *Michael's® Ultimate Detox & Cleanse™* support detoxification and cleansing of the:
- Bloodstream & circulatory system❖
- Intestinal tract system❖
- Hepatic system (the liver)❖

Also:
- Supports fat metabolism and fluid balancing❖

An easy-to-use, comprehensive detoxification & cleansing program

try michael's® organic super defense food™
a daily whole food complex • non-GMO

031816

ultimate detox & cleanse™❖

- *aids digestion*❖
- *may help decrease appetite*❖
- *helps cleanse the intestinal tract*❖

formula	ingredient	function❖
liver wellness™❖	choline, inositol	fat burning & processing
	lecithin	emulsifies fat
	milk thistle seed	liver support
blood detoxification factors™❖	red clover flower, dandelion root	liver support
	iron	needed for hemoglobin
	zinc, manganese, molybdenum	needed for detoxification enzymes
fat metabolism factors™❖	B-6, potassium	fluid balance
	guggul gum	supports fat elimination
fiber & more™	apple pectin, psyllium	soluble fiber
	okra leaf	mucilaginous fiber
	rice bran, butternut root bark	insoluble fiber

❖This statement has not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

michael's®
naturopathic programs

convenient & easy-to-use packets

start your diet right!

ultimate detox & cleanse™❖

blood❖ colon❖ liver❖ fat❖

lab tested • gluten free

2 week program

3 packets daily

[42 individual 4-tablet packets (168 tablets)]

vegetarian & kosher dietary supplements

tried & truthful

michael's®
naturopathic programs

Product best if used within 3 years of MFG Date (Date of manufacture).

The Principles of Naturopathy

Find the Cause
To accurately select the correct course of treatment the specific cause must be determined.

Utilize the Healing Power of Nature
This healing power exists in each person and is also found in the gifts provided by nature as the nutrients in our foods from a vast array of sources.

Treat the Whole Person
Treatments solely focused on symptom relief may not address all the factors as they relate to the core issues. Many components can impact an individual's health concerns, going beyond what appear to be the direct causes.

Do No Harm
By providing nutrients, not drugs or other treatments, the body has what it needs to re-establish the health of the individual without any 'cost'.

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blood detoxification factors™❖

Supplement Facts

Serving Size: Three (3) Tablets — Servings Per Container: 14

Amount Per Serving		% Daily Value
Iron (as Iron Amino Acid Chelate)	2 mg	11%
Zinc (as Zinc Monomethionine**)	9 mg	60%
Manganese (as Manganese Amino Acid Chelate)	6 mg	300%
Molybdenum (as Molybdenum Amino Acid Chelate)	600 mcg	800%
Proprietary Blend	**1.8 g (1800 mg)**	*

Echinacea Root (Echinacea angustifolia), Red Clover Flower (Trifolium pratense) and Dandelion Root (Taraxacum officinale)

*Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Natural Glaze.

**OptiZinc® is a Trademark of InterHealth Nutraceuticals, Inc.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning of children under six. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a physician or Poison Control Center immediately.

liver wellness™❖

Supplement Facts

Serving Size: Three (3) Tablets — Servings Per Container: 14

Amount Per Serving		% Daily Value
Vitamin A (as Beta Carotene)	1500 IU	30%
Vitamin E (as d-alpha Tocopheryl Succinate)	150 IU	500%
Vitamin K (as Phylloquinone)	45 mcg	56%
Thiamin (as Thiamin Hydrochloride)	30 mg	2000%
Niacin (as Nicotinic Acid)	30 mg	150%
Vitamin B-12 (as Cyanocobalamin)	300 mcg	5000%
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg	300%
Proprietary Blend	**2.07 g (2065 mg)**	*

Dandelion Root (Taraxacum officinale), Lecithin (from Soy), Inositol, Choline (as Choline Bitartrate), Milk Thistle Seed Extract (Silybum marianum) (80% Silymarin), Methionine (as L-Methionine), Threonine (as L-Threonine) and Butternut Root Bark (Juglans cinerea)

*Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Natural Glaze.

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.