

Calcium is the primary mineral responsible for strong bones.\* The body also uses Calcium for proper muscle contraction and nerve function - and obtains this Calcium mainly from the bones.\* Magnesium plays an essential role in maintaining bone mineralization.\* Zinc is essential for cell division and growth.\*

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch,  
No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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NATURE'S BOUNTY

# Calcium Magnesium Zinc

Promotes Bone  
Health & Nerve  
Function\*

100 caplets

DIETARY SUPPLEMENT

**DIRECTIONS:** For adults, take three (3) caplets daily, preferably with a meal.

## Supplement Facts

Serving Size 3 Caplets  
Servings Per Container 33

Amount Per Serving		%Daily Value
Total Carbohydrate	<1 g	<1%**
Dietary Fiber	<1 g	2%**
Calcium (as Calcium Carbonate and Calcium Gluconate)	1,000 mg	100%
Magnesium (as Magnesium Oxide and Magnesium Gluconate)	400 mg	100%
Zinc (as Zinc Gluconate and Zinc Citrate)	25 mg	167%

\*\*Percent Daily Values are based on a 2,000 calorie diet.

**Other Ingredients:** Vegetable Cellulose, Titanium Dioxide Color, Vegetable Magnesium Stearate.

Suitable for Vegetarians

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**  
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