

Vitamin B6 supports the function and growth of red blood cells as well as supporting the immune and nervous systems.* B6 also helps convert carbohydrates, fats and proteins into energy.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES	CERTIFIED GLUTEN FREE BY GFCO.ORG	NO	YEAST, CORN OR WHEAT
YES	CERTIFIED VEGAN BY THE AVA	NO	SOY OR MILK
YES	RECYCLABLE PACKAGING	NO	SALT OR SUGAR
YES	MANUFACTURING SUPPORTS WIND POWER	NO	PRESERVATIVES
YES	KOSHER	NO	ARTIFICIAL COLOR

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:



Dietary
Supplement

90 Vegan
Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country
Life**

VITAMIN B6

200 mg

Certified Gluten-Free

- Supports the nervous system*
- Supports energy*

Directions: Adults take one (1) capsule daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Vitamin B6 (as pyridoxine hydrochloride)	200 mg	10,000%

Other Ingredients: Cellulose, cellulose (capsule shell), calcium silicate, silica, magnesium stearate.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F.
Keep out of the reach of children.

Manufactured for Country Life, LLC
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