

Other Ingredients: Vegetable Cellulose, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Gelatin, Vanillin, Natural Palm Leaf Glaze.

Contains milk, soy and wheat ingredients.

No Artificial Color, No Preservatives, No Sugar, No Yeast.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



Nutrition Questions or Comments?



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Bohemia, NY 11716 USA
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HIGH POTENCY ULTRA MAN™

Vitamin, Mineral, Herb Formula
For Men | Time Released



DIETARY SUPPLEMENT
90 TABLETS | COATED FOR EASE
OF SWALLOWING

DIRECTIONS: For adult men, take two (2) tablets daily, preferably with a meal.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 45

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Retinyl Acetate and Beta-Carotene)	5,000 IU 100%	Molybdenum (as Sodium Molybdate)	72 mcg 96%
Vitamin C (as Ascorbic Acid)	300 mg 500%	Chloride (as Potassium Chloride)	27 mg 1%
Vitamin D (as D3 Cholecalciferol)	2,000 IU 500%	Potassium (as Potassium Chloride)	30 mg 1%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU 100%	Alpha Lipoic Acid	10 mg *
Vitamin K (as Phytonadione)	75 mcg 94%	Choline (as Choline Bitartrate)	10 mg *
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg 3,333%	Inositol	10 mg *
Riboflavin (Vitamin B-2)	50 mg 2,941%	Boron (as Bororganic Glycine)	2 mg *
Niacin (as Niacinamide)	50 mg 250%	Vanadium (as Sodium Metavanadate)	10 mcg *
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2,500%	Ultra Man™ Amino Acid Blend (Taurine, L-Glutamine, L-Arginine, L-Valine, L-Cysteine, L-Leucine, N-Acetyl L-Carnitine Hydrochloride, L-Isoleucine, L-Carnitine, L-Methionine)	150 mg *
Folic Acid	400 mcg 100%	Ultra Man™ Bio-Active Blend (Pumpkin Seed (<i>Cucurbita pepo</i>), Oyster Extract, Saw Palmetto Extract (<i>Serenoa repens</i>) (fruit), Lycopene)	120 mg *
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1,667%	Proprietary Herbal Blend (Citrus Bioflavonoid Complex (<i>Citrus limon</i>) (peel), Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit), Elderberry (<i>Sambucus nigra</i>) (fruit), Black Currant (<i>Ribes nigrum</i>) (fruit), Grape Seed Extract (<i>Vitis vinifera</i>), Brussels Sprout Extract, Kale Extract, Cauliflower Extract, Celery Seed Extract, Apium (<i>graveolens</i>), Carrot Extract, Broccoli Extract, Cabbage Extract, Resveratrol from <i>Polygonum cuspidatum</i> Extract (root), Lutein, Coenzyme Q-10)	120 mg *
Biotin	1,000 mcg 333%		
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg 500%		
Calcium (as Calcium Carbonate, Dicalcium Phosphate, Calcium Citrate, Calcium Silicate and d-Calcium Pantothenate)	100 mg 10%		
Iodine (as Potassium Iodide)	150 mcg 100%		
Magnesium (as Magnesium Oxide)	50 mg 13%		
Zinc (as Zinc Oxide)	15 mg 100%		
Selenium (as Sodium Selenate)	200 mcg 286%		
Copper (as Cupric Oxide)	2 mg 100%		
Manganese (as Manganese Gluconate)	2 mg 100%		
Chromium (as Chromium Picolinate)	200 mcg 167%		

*Daily Value not established.