

Charcoal is commonly used as a digestive aid due to its adsorption qualities.** In the digestive tract, Charcoal can provide some intestinal comfort by adsorbing gas produced from a meal.**

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE
BY GFCO.ORG

YES RECYCLABLE PACKAGING

YES MANUFACTURING SUPPORTS
WIND POWER

NO YEAST, CORN OR WHEAT

NO SOY OR MILK

NO SALT OR SUGAR

NO PRESERVATIVES

NO ARTIFICIAL COLORS,
FLAVORS OR SWEETENERS

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:

05K16NL



Dietary
Supplement

100 Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country
Life**

• NATURAL •

**ACTIVATED
CHARCOAL**

260 mg

Certified Gluten-Free

- Digestive aid**
- Promotes adsorption of intestinal gas**

Directions: Adults, take two (2) capsules 30 minutes before meals and then two (2) capsules after the meal. Do not exceed twelve (12) capsules daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 capsules
Servings Per Container 50

Amount Per Serving	% Daily Value
Activated Charcoal	520 mg *

* Daily Value not established.

Other Ingredients: Gelatin (capsule shell), magnesium stearate.

100% bovine gelatin, BSE-free.

CAUTION: Do not give to infants or children. Not for use by pregnant or nursing women, or those with variegate porphyria. If you are taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured for Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com • Product No. 3492
PRODUCT OF INDIA