

Target-Mins® are made with specific free-form amino acids and uses a calcium: phosphorus and calcium: magnesium ratio of 2:1 to support calcium utilization.* Supports body availability of calcium.* Adequate calcium and Vitamin D as part of a healthful diet, along with exercise, may reduce the risk of osteoporosis later in life.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGETARIAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER

NO YEAST OR WHEAT
NO SOY OR MILK
NO SALT OR PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:

04FT6NL



Dietary Supplement **90** Tablets

ESTABLISHED
— 1971 —
**Country®
Life**

• TARGET-MINS® •
**CALCIUM
MAGNESIUM
COMPLEX**

with Vitamin D₃

1000 mg : 500 mg : 400 I.U. D₃

Certified Gluten-Free

- Formulated to maximize calcium absorption*
- Only 2 tablets per day

THIN tabs

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take two (2) tablets daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets

Servings Per Container 45

Amount Per Serving	% Daily Value	
Vitamin D (D ₃) (as cholecalciferol)	400 I.U.	100%
Calcium (as calcium hydroxyapatite, citrate, aspartate, <i>alpha</i> -ketoglutarate, lysinate)†	1,000 mg	100%
Phosphorus (from calcium hydroxyapatite)†	500 mg	50%
Magnesium (as magnesium oxide, citrate, aspartate, taurinate, <i>alpha</i> -ketoglutarate)†	500 mg	125%

Other Ingredients: Cellulose, L-leucine, cellulose & glycerin coating, silica, vegetable glaze.

†Country Life always labels minerals in elemental weight.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
Product No. 2971