

DIRECTIONS: FOR ADULTS, TAKE ONE (1) TABLET AT BEDTIME AS MELATONIN MAY PRODUCE DROWSINESS. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Melatonin (as n-Acetyl-5-Methoxytryptamine)	3 mg **

**Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose. Contains <2% of: Silica, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.



Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com



Manufactured by
REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

Sundown
Naturals

Melatonin

3 MG

*Clinically Studied
Ingredient*

**Helps Promote
Relaxation and Sleep***

VEGETARIAN FORMULA
60 TABLETS DIETARY SUPPLEMENT

**Smart
Facts**

Inspired by the natural rhythm of life, Melatonin is an exceptional choice for people experiencing occasional sleeplessness, those with jet lag, or those seeking to improve their quality of rest.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Prod. No. 48685

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