

Ribose is an essential pentose (5-carbon) sugar utilized by the body to synthesize DNA, RNA and produce energy. Ribose is a fundamental building block of adenosine triphosphate (ATP – the substance in which the body stores intracellular energy), the preferential source of energy for skeletal muscle and heart tissue. Studies have shown that ribose supplementation can enhance cardiac energy levels and support cardiovascular metabolism.* Further studies suggest that ribose plays a role in supporting energy recovery after exercise.* Exercise increases free radical production in muscle tissue. Ribose may strengthen and support the body's crucial antioxidant defenses.*

Research suggests that optimal heart function requires a consistent supply of essential cofactor nutrients including CoQ10, D-ribose, L-carnitine and Magnesium. Consider these other high quality Doctor's Best products in combination with Best D-Ribose for enhanced cardiovascular support: High Absorption CoQ10, High Absorption Magnesium, Best L-Carnitine Fumarate.

Use of BioEnergy™ Ribose is licensed by BioEnergy Life Science, Inc. under U.S. Patents 6,159,942; 6,534,480; 6,218,366; 6,339,716, and other U.S. and foreign patents issued and pending.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



Doctor's BEST®

Science-Based
Nutrition™

Dietary
Supplement

Best D-Ribose



- Supports healthy energy levels in heart and muscle tissue*
- Maintains normal heart function*
- Decreases free radical formation during exercise*

850 mg/120 Veggie Caps 

Supplement Facts

Serving Size 5 capsules
Servings per container 24 servings

	Amount per serving	% Daily Value
D-Ribose	4,250 mg	†

† Daily Value not established.

Other Ingredients: Modified cellulose (vegetarian capsule), magnesium stearate (vegetable source), silicon dioxide.

Suggested Adult Use: Take 5 capsules twice daily, with or without food. The product may be taken with a carbohydrate-containing meal or beverage if blood sugar fluctuation issues exist.

Continued use is necessary to maintain the benefits of Best D-Ribose featuring BioEnergy™ Ribose.

Caution: Insulin-dependent diabetics, pregnant women and those with elevated uric acid levels (associated with gout) should consult their physician before use.

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS

Manufactured for **Doctor's Best, Inc.**
San Clemente, CA 92673
(800) 777-2474 www.drbitamins.com



R06/13