

Charcoal is commonly used as a digestive aid due to its adsorption qualities.** In the digestive tract, Charcoal can provide some intestinal comfort by adsorbing gas produced from a meal.**

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER

NO YEAST, CORN OR WHEAT
NO SOY, MILK OR SALT
NO SUGAR OR PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:

05816NL



Dietary
Supplement

180 Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country
Life**

• NATURAL •

**ACTIVATED
CHARCOAL**

260 mg

Certified Gluten-Free

- Digestive aid**
- Promotes adsorption of intestinal gas**

Directions: Adults, take two (2) capsules 30 minutes before meals and then two (2) capsules after the meal. Do not exceed twelve (12) capsules daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 capsules

Servings Per Container 90

Amount Per Serving	% Daily Value
Activated Charcoal	520 mg *

* Daily Value not established.

Other Ingredients: Gelatin (capsule shell), magnesium stearate.
100% bovine gelatin, BSE-free.

CAUTION: Do not give to infants or children. Not for use by pregnant or nursing women, or those with variegate porphyria. If you are taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store in a dry place between 59°-86° F.
Keep out of the reach of children.

Manufactured for Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com • Product No. 3493
PRODUCT OF INDIA