

Charcoal is commonly used as a digestive aid due to its adsorption qualities.** In the digestive tract, Charcoal can provide some intestinal comfort by adsorbing gas produced from a meal.**

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES	CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO	YEAST, CORN OR WHEAT
YES	RECYCLABLE PACKAGING	NO	SOY OR MILK
YES	MANUFACTURING SUPPORTS WIND POWER	NO	SALT OR SUGAR
		NO	PRESERVATIVES
		NO	ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

This product has been manufactured at a GMP Registered facility.
Lot No:

Best by:

OSP16NL



Dietary
Supplement

40 Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country®
Life**

• NATURAL •

ACTIVATED CHARCOAL

260 mg

Certified Gluten-Free

- Digestive aid**
- Promotes adsorption of intestinal gas**

Directions: Adults, take two (2) capsules 30 minutes before meals and then two (2) capsules after the meal. Do not exceed twelve (12) capsules daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 capsules
Servings Per Container 20

Amount Per Serving	% Daily Value
Activated Charcoal	520 mg *

* Daily Value not established.

Other Ingredients: Gelatin (capsule shell), magnesium stearate. 100% bovine gelatin, BSE-free.

CAUTION: Do not give to infants or children. Not for use by pregnant or nursing women, or those with variegated porphyria. If you are taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured for Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com • Product No. 3491
PRODUCT OF INDIA