

Alpha-linolenic acid (ALA) and linoleic acid (LA) must come from the diet because they cannot be made by the body. ALA, an omega-3 fatty acid, is converted in the body to the fatty acids eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). Consumption of omega-3 fatty acids supports cardiovascular health.***

Δ This Super Omega-3 contains more EPA/ DHA per softgel, compared to Country Life's Omega-3.

As this product is derived from fish oil, it is third party tested for heavy metals and toxins such as mercury and lead to ensure purity and safety.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG

YES RECYCLABLE PACKAGING

YES MANUFACTURING SUPPORTS WIND POWER

NO YEAST, CORN OR WHEAT

NO MILK, SALT OR SUGAR

NO PRESERVATIVES

NO ARTIFICIAL COLORS,
FLAVORS OR SWEETENERS

NO MAGNESIUM STEARATE

NO GMOs

Lot No:

Best by:



This product has been manufactured at a GMP Registered facility.

Dietary Supplement **60** Softgels

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
Country Life

SUPER OMEGA-3 — CONCENTRATED —

Fish Body Oils

Certified Gluten-Free

- Supports cardiovascular health***
- High levels of EPA/DHA (400 mg/200mg) in 1 softgelΔ

Directions: Adults take one (1) softgel daily. For best utilization, take with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 softgel

Amount Per Serving	% Daily Value
Calories	10
Calories from Fat	10
Total Fat	1 g 2%*
Polyunsaturated Fat	1 g **
Cholesterol	10 mg 3%*
Marine Lipid Oil Concentrate (anchovy, sardine)	1,000 mg (1 g) **
providing:	
Eicosapentaenoic Acid (EPA)	400 mg **
Docosahexaenoic Acid (DHA)	200 mg **

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified water (capsule shell). Contains fish (anchovy, sardine). 100% bovine gelatin, BSE-free. **CAUTION:** If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.**

Manufactured for Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com • Product No. 4511
Made in the USA
with globally sourced ingredients.