



Milk Thistle

175 mg

LIVER HEALTH*
DIETARY SUPPLEMENT

Actual Product
Size On Side Panel

50 CAPSULES

Standardized Extract
Supports Overall
Wellness*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: For adults, take one (1) capsule three times daily, preferably with meals. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Milk Thistle Extract (<i>Silybum marianum</i>) (seed) (standardized to contain 80% Silymarin, 140 mg)	175 mg **

**Daily Value not established.

Other Ingredients: Maltodextrin, Gelatin (Bovine).
Contains <2% of: Silica, Vegetable Magnesium Stearate.

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Milk Thistle supports liver health and is standardized for a group of flavonoids called silymarin, which support overall wellness.*

Warning: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by children.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, salt.

HERBS HAVE A DISTINCT NATURAL ODOR.

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Actual Size

983859



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