

Collagen is the major structural protein in healthy joints and the most abundant protein in the human body. It is responsible for maintaining the strength and flexibility of bones, joints, skin, tendons, ligaments, hair, nails, blood vessels and eyes, among other tissues throughout the body.

Doctor's Best Collagen Types 1 and 3 contains pure collagen protein Peptan®, which contributes to the growth and maintenance of healthy tissues.* Vitamin C is added to the formula as an essential nutrient required for collagen synthesis by the body.*

Helps support healthy hair, skin, nails and joints*

Helps contribute to the growth and maintenance of healthy tissues*

Provides improved bioavailability due to the low molecular weight of component peptides*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB204-3



**Dietary
Supplement**

**Doctor's
BEST**

**Science-Based
Nutrition™**

Collagen Types 1 and 3 with Peptan®

**ESSENTIAL STRUCTURAL SUPPORT FOR HAIR,
SKIN, NAILS, TENDONS AND BONES***

1000 mg / 180 Tablets

Supplement Facts

Serving Size 3 tablets
Servings per container 60 servings

	Amount per serving	% Daily Value
Vitamin C (as calcium ascorbate)	30 mg	50%
Calcium	4.2 mg	<1%
Sodium	17.1 mg	<2%
Collagen Types 1 and 3 (source: Bovine)	3,000 mg	†

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate (vegetable source), hypromellose (coating).

Suggested Adult Use: Take 3 tablets twice daily on an empty stomach, at least 30 minutes before meals, or as recommended by a nutritionally-informed physician. Do not mix with other protein supplements.

Non-GMO / Gluten Free / Soy Free

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**
California, USA

(800) 777-2474 www.drbitamins.com

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