

Collagen is the major structural protein in healthy joints and the most abundant protein in the human body. It is mainly responsible for maintaining the strength and flexibility of bones, joints, skin, tendons, ligaments, hair, nails, blood vessels and eyes, among other tissues throughout the body.

Doctor's Best Collagen Types 1 & 3 Powder contains pure collagen protein, which contributes to the growth and maintenance of healthy tissues.* Taken as a supplement, this product provides the body with the raw material needed to support the strength and integrity of essential structures.* Collagen Types 1 & 3 Powder is enzymatically hydrolyzed into component peptides with a small molecular size for optimal absorption and utilization by the body.*

Helps support healthy hair, skin, nails and joints*

Helps provide the building blocks for healthy tissues*

Provides improved bioavailability due to the low molecular weight of component peptides*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
California, USA

(800) 777-2474 www.drbbvitamins.com



YDRB203-2



**Dietary
Supplement**

**Doctor's
BEST®**

**Science-Based
Nutrition™**

Collagen Types 1&3 Powder

**ESSENTIAL STRUCTURAL SUPPORT FOR HAIR,
SKIN, NAILS, TENDONS, LIGAMENTS AND BONES***

7.1 oz. (200 grams)

Supplement Facts

Serving Size 1 scoop (6.6 grams)

Servings per container Approximately 30 servings

	Amount per serving	% Daily Value
Sodium	13.2 mg	<2%
Calcium	13.2 mg	<2%
Collagen Types 1 & 3 (source: Bovine)	6,600 mg	†

† Daily Value not established.

Other Ingredients: None.

Suggested Adult Use: Dissolve 1 scoop of powder in a small amount of water or juice. Add an additional 6 - 8 oz. of liquid, mix well, and drink on an empty stomach at least 30 minutes before meals, or as recommended by a nutritionally-informed physician. Avoid taking with any other proteins as they may interfere with collagen absorption.

Non-GMO / Gluten Free / Soy Free

Store in a cool dry place.

NOTE: Some settling of contents may occur, affecting number of servings.