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product info

Read the entire label and follow the directions carefully prior to use.  
**DIRECTIONS:** Dissolve in mouth or chew one (1) lozenge 1 to 8 times daily, or as recommended by a healthcare practitioner.

Store tightly closed in a cool, dry place.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Q01537D

# LifeExtension®

## Methyl- Cobalamin

5 mg



Neurologically Active  
Form of Vitamin B12

Dietary  
Supplement

60 Vegetarian  
Lozenges

### Supplement Facts

Serving Size 1 Vegetarian Lozenge

| Amount Per Serving                  |      | % Daily Value |
|-------------------------------------|------|---------------|
| Vitamin B12<br>(as methylcobalamin) | 5 mg | 83,333%       |

Other ingredients: xylitol, sorbitol, maltodextrin, stearic acid, vegetable stearate, natural vanilla flavor, rice starch, modified food starch.

Non-GMO

Manufactured for:  
Quality Supplements and Vitamins, Inc.  
Ft. Lauderdale, Florida 33309  
LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.