



# Super B Complex

## with Vitamin C

**ENERGY METABOLISM & IMMUNE HEALTH\***

DIETARY SUPPLEMENT

Actual Product Size On Side Panel

**100 CAPLETS**

Supports Heart & Immune System Health\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts		
Serving Size 1 Caplet		
Amount Per Serving	%Daily Value	
Vitamin C (as Ascorbic Acid)	60 mg	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	25 mg	1,667%
Riboflavin (Vitamin B-2)	20 mg	1,176%
Niacin (as Niacinamide)	25 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	5 mg	250%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1,667%
Biotin (as d-Biotin)	1,000 mcg	333%
Pantothenic Acid (as d-Calcium Pantothenate)	5.5 mg	55%

**Other Ingredients:** Calcium Carbonate, Cellulose (Plant Origin), Dicalcium Phosphate, Croscarmellose, Mannitol. **Contains <2% of:** Cellulose Coating, Maltodextrin, Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

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This product is a combination of essential nutrients to promote overall well-being.\* The B Vitamin Complex supports energy metabolism and nervous system health, while Vitamin C supports immune system health.\* These nutrients also support heart health.\*

**Directions:** For adults, take one (1) caplet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

**Warning:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, salt.

**Vegetarian Formula**

**KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

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# 145626



Actual Size

Prod. No. 13168  
B52596 01A