

**Suggested Usage:** Take 2 capsules daily.

Glucosamine is an essential building block for the formation of glycosaminoglycans (GAGs) and proteoglycans, the main components of cartilage tissue.\* These compounds promote water retention within the joint, giving it resiliency by acting as a lubricant and a means to absorb shock.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** Persons with a known allergy to shellfish should not use this product. For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Do Not Eat Freshness Packet. Keep in Bottle.**

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.

NOW Foods developed the glucosamine test method chosen as the official AOACI industry standard method.

CAPSULE SIZE

CODE 3239C V5



# Glucosamine '1000'

Joint Health\*

- One Gram Per Capsule
- Supports Healthy Joint Function\*
- Supports Cartilage Formation\*

180 Veg Capsules

A Dietary Supplement

Non-GMO

General Health

Family owned since 1968.

## Supplement Facts

Serving Size 2 Veg Capsules  
Servings Per Container 90

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	< 1%*
Glucosamine HCl	2 g (2,000 mg)	†

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

Contains shellfish (crab, shrimp, lobster, crayfish).

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Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

