

**Suggested Usage:** Take 1-2 capsules twice daily, preferably with food.

NOW® Turmeric & Bromelain is a botanical combination created to support healthy joint tissue.\* Scientific studies have shown that the curcuminoids from Turmeric can help to support the proper activity of critical enzymes naturally present during typical biological stress.\* Studies on Bromelain, an enzyme derived from pineapple, indicate that it may reinforce normal immune system response.\* NOW combines Turmeric and Bromelain to help maintain healthy joint tissues faced with occasional overstress or day-to-day use.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (including anticoagulants), have a medical condition, or plan to have surgery. Keep out of reach of children. Do Not Eat Freshness Packet. Keep in Bottle.

CODE 3110 v3



CAPSULE SIZE



# Turmeric & Bromelain

Joint Health\*

- Standardized Turmeric Extract
  - Bromelain 2400 GDU/g
- 90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



General Health

Family owned since 1968.

## Supplement Facts

Serving Size 2 Veg Capsules  
Servings Per Container 45

### Amount Per Serving

Turmeric Root Extract ( <i>Curcuma longa</i> )	600 mg*
(Standardized to min. 95% Curcuminoids)	
Bromelain (2400 GDU/g)† (from Pineapple)	300 mg*

\* Daily Value not established.

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA [nowfoods.com](http://nowfoods.com)

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

† Gelatin Digesting Units – a measure of proteolytic (protein digesting) activity.

Natural color variation may occur in this product.  
Store in a cool, dry place after opening.  
Please Recycle.

