

Suggested Usage: Take 2 softgels twice daily with food. CardioAid®-S Plant Sterol Esters is a combination of the ester forms of Beta-Sitosterol, Campesterol and Stigmasterol. Plant Sterols are plant-derived compounds that are structurally similar to cholesterol so that they help to limit the absorption of cholesterol from the digestive tract.* In this way, CardioAid®-S can help to maintain cholesterol levels already within the normal range.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Foods containing at least 0.65 grams per serving of plant sterol esters, eaten twice a day with meals for a daily total intake of at least 1.3 grams, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of NOW® Beta-Sitosterol Plant Sterols with Fish Oil offers 1 gram (1,000 mg) of plant sterol esters in a base of fish oil.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not eat Freshness Packet.
Keep in Bottle.

EUA # 1482865
CODE 3078 V2



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SOFTGEL SIZE



Beta-Sitosterol Plant Sterols

Cardiovascular Health*

- Supports Healthy Cholesterol Levels already within the normal range*
- With CardioAid®-S Plant Sterol Esters
- Plus added Fish Oil

90 Softgels

A Dietary Supplement

General Health

Family owned since 1968.

Supplement Facts

Serving Size 2 Softgels Servings Per Container 45

Amount Per Serving

CardioAid®-S Plant Sterol Esters 1 g (1,000 mg)*
(400 mg Beta-Sitosterol, plus Campesterol and Stigmasterol)

Natural Fish Oil Concentrate 120 mg*

* Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, carob) and Soy Lecithin.

Contains fish (sardines, anchovies, mackerel) and soy.

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, milk, egg or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

CardioAid® is a registered trademark of Archer-Daniels-Midland Company.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

