

Suggested Usage: Take 1 softgel daily with a fat-containing meal.

Lutein is an orange-red carotenoid pigment produced by plants and is present in the diet in colorful fruits and vegetables. In the body, Lutein is one of the predominant pigments concentrated in the macula, a specialized area of the eye that is responsible for central vision.* In addition, it is known to be deposited in the skin.* Lutein's functional role in these vulnerable tissues is to protect against sunlight-induced free radical production.* This product is naturally derived from marigold flowers.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

SOFTGEL
SIZE

CODE 3057B V10



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LARGER
SIZE

Lutein

10 mg of Free Lutein
from Lutein Esters

Supports Eye Health*

- Promotes Macular Health*
- Free Radical Protection*

120 Softgels

A Dietary Supplement

Non-GMO



General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving

Lutein (Free Lutein)	10 mg*
(from Lutein Esters)	
(from Marigold Flowers Extract) (<i>Tagetes erecta</i>)	

* Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, water, glycerin, organic caramel color), Organic Extra Virgin Olive Oil and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Do Not Eat Freshness Packet. Keep in Bottle.

Natural color variation may occur in this product.

