

L-Tryptophan is an essential amino acid (protein building block) in human nutrition that helps promote healthy sleep. Essential amino acids are not synthesized by the body and must be obtained in the diet. **Doctor's Best L-Tryptophan with TryptoPure®** is manufactured and tested for purity according to the Japanese Pharmacopeia (JP) and the United States Pharmacopeia (USP) standards.

Helps promote normal, restful sleep*
Helps promote healthy mood and behavior*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB126-2



**Dietary
Supplement**

**Doctor's
BEST®**

**Science-Based
Nutrition™**

L-Tryptophan
with TryptoPure®

**HELPS PROMOTE NORMAL RESTFUL
SLEEP, HEALTHY MOOD AND BEHAVIOR***



500mg / 90 Veggie Caps

Supplement Facts

Serving Size 1 veggie capsule
Servings per container 90 servings

	Amount per serving	% Daily Value
L-Tryptophan (from TryptoPure®)	500 mg	†

† Daily Value not established.

Other Ingredients: Modified cellulose (vegetarian capsule), magnesium stearate (vegetable source) microcrystalline cellulose, silicon dioxide.

Suggested Adult Use: Take 1 capsule daily, or as recommended by a nutritionally informed physician. For optimum absorption, take separately from protein-containing foods and dietary supplements containing protein or amino acids.

Non-GMO / Gluten Free / Soy Free / Vegan
Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

California, USA

(800) 777-2474

www.drbbvitamins.com

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