

Best MSM supplies highly purified MSM (methylsulfonylmethane), a compound notable for its methyl groups (required for numerous metabolic functions) and the conditionally essential mineral sulfur, which is a crucial component of powerful antioxidants such as N-acetylcysteine and glutathione. Although MSM occurs naturally in some foods and in the human body at low concentrations, a significant amount of MSM is lost during the heating and processing of foods.

Promotes joint comfort and mobility*
Supports healthy immune response*
Enhances antioxidant defenses*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
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Doctor's
BEST®

**Science-Based
Nutrition™**

*Dietary
Supplement*

OptiMSM®

**Best
MSM**

PROMOTES JOINT HEALTH*

1000 mg / 360 Capsules

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Supplement Facts

Serving Size 1 capsule
Servings per container 360 servings

		Amount per serving	% Daily Value
Methylsulfonylmethane	1 gram (1000 mg)		†

† Daily Value not established.

Other Ingredients: Gelatin (capsule).

Suggested Adult Use: Take 1 or 2 capsules 1 to 3 times daily, with or without food.

Non-GMO and Gluten Free

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS

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