

Best MSM supplies highly purified MSM (methylsulfonylmethane), a compound notable for its methyl groups (required for numerous metabolic functions) and the conditionally essential mineral sulfur, which is a crucial component of powerful antioxidants such as N-acetylcysteine and glutathione. Although MSM occurs naturally in some foods and in the human body at low concentrations, a significant amount of MSM is lost during the heating and processing of foods.

- Helps promote joint comfort and mobility*
- Helps support healthy immune response*
- Helps enhance antioxidant defenses*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
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Doctor's BEST[®]

Science-Based
Nutrition™

OptiMSM[®]

Best MSM^{Dietary Supplement}

HELPS PROMOTE
JOINT HEALTH* **1500**

1500 mg / 120 Tablets

Supplement Facts

Serving Size 1 tablet
Servings per container 120 servings

	Amount per serving	% Daily Value
Methylsulfonylmethane	1.5 gram (1500 mg)	†

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, modified cellulose (coating), magnesium stearate (vegetable source).

Suggested Adult Use: Take 1 tablet daily, with or without food, or as recommended by a nutritionally-informed physician.

Non-GMO and Gluten Free
Store in a cool dry place.

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